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***“Endless choices await us every moment of our day...our brain is wired for the extraordinary. Our body waits the experience of these choices. The great school teaches us the sciences if turning on and enabling these greater life experiences. Come learn and engage in the wonder that you are really capable of being.” JZ Knight***

***“Let us pray that our acts of kindness, buy our desire be received for the sake of sharing, we move closer to that more perfect place. We women are already created as higher spiritual vessels. May we use that Vessel to further all that is good and sweet in life now and always.”—Karen Berg***

## **God and the Spiritual Liberation of Women**

By Alan Steinfeld

This summer I had the opportunity to interview two of the most dynamic and influential women in the current spiritual movement; Karen Berg creator of the Kabbalah Center and JZ Knight founder of the Ramtha School of Enlightenment. Each currently has a book on the market that is full of practical wisdom, spiritual knowledge with a feminine perspective.

Although there are many striking similarities there are also sharp differences between these remarkable women. Both are self-made yet have a very strong male presence behind them. Each come from humble beginnings, but never the less have built great organizations bringing new spiritual understanding to many thousands of people around the world emphasizing the importance of women. Most importantly, their particular esoteric wisdom comes from an ancient mystical source. For Ms. Berg, and the Kabbalah Center in general, their main reference is the Zohar (the Book of Splendor). This 23 volume set is attributed to a 13<sup>th</sup> century Spanish Rabbi Moses de Leon. The Zohar was his attempt to uncover hidden meanings behind the world of appearances.

However JZ Knight has been privy to the wisdom of Ramtha, the Enlightened, an Atlantean warrior, who ascended from this plane 35,000 years ago. Using JZ body he has delivered his message of hope and ultimate freedom.

Both teachings have become exceeding popular in recent years. Thanks to Karen Berg's efforts the Kabbalah Center has become a multimillion-dollar empire with more than 40 branches all over the world. However it is only recently that the knowledge of Ramtha has become more available mainly thanks to being featured in the hit movie "What the Bleep Do We Know."

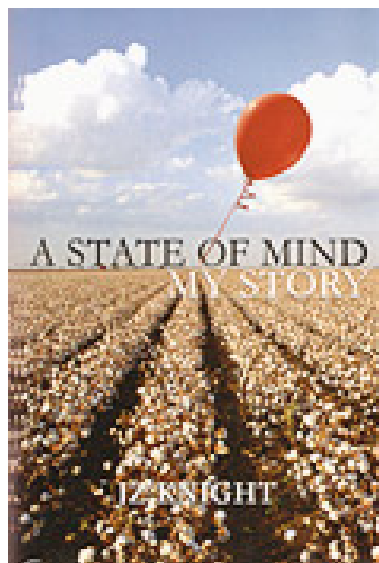
For those who "don't know" this film was inspired by the teachings of Ramtha as it was at the Ramtha school that the 3 filmmakers met, formulated their ideas about quantum physics, emotional addiction and how to "create their day".

There are also many philosophical differences between these two modes of thought, for instance: The Kabbalah states that men are here for "a soul correction" and women are here to help support this correction in men so both

can achieve a return to the light of the Creator. Ramtha/JZ state we are already complete when we incarnated and we are here to add to the manifestation of God in the world as creators. Ramtha's teachings point to the light not as the ultimate, but one of levels and levels of being. Ramtha states that although light is above this physical plane it is not our final destination as we proceed back home to the void, point zero, the source of our being.

However, the overall difference, as I see it, is comes down to the idea that there is still a deity outside of us who takes credit for the world (that is the Kabbalah center way; And the idea that divinity is inside us and we are creating the world according to our level of consciousness, which is what Ramtha teaches in the Great Work.

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## **Books By Two Pioneering Women**

***God Wears Lipstick*** by Karen Berg & ***A State of Mind*** by JZ Knight.

In ***God Wears Lipstick***, Karen Berg reveals women's special spiritual role in the universe, the power of soulmates, managing relationships, reincarnation and the meaning of sex. However the book contains only brief biographical incidences. Early in the book she recalls her destined coupling with Philip Berg — the spiritual leader known to followers as the Rav. Years before either of them knew anything about the kabbalah, Karen was a secretary for Mr. Berg's insurance business. Their reunion seemed destined when the two happened to meet by chance after each started to pursue spiritual knowledge.

Ms. Berg also tells how in 1971, with virtually no money, she and the Rav — opened their first Kabbalah Centre, turning traditional Jewish wisdom upside down. It was her absolute insistence against 4,000 years of tradition that offered Kabbalah study to women and non-Jews. Before Karen Jewish orthodoxy believed the philosophy of the Kabbalah was so complicated that it could only be

taught to ultra-religious Jewish men over 40 who had spent their lives studying Judaism.

Berg's book is a tribute to the practical wisdom of the Kabbalah but lacks the mystical sense that marks true esoteric literature. In my interview with her, she noted that "we have to do the work on the self, our own internal process, before we can achieve the higher mystical states." As a book it is very good manual for becoming self-responsible for your life and meeting daily circumstances as a preparation for the Great Work.

JZ Knight's book, ***A State of Mind*** is a more personal reflection of awakening. This intensely personal autobiography is written with feeling and humor as it spans her early life from her modest beginnings as the daughter of a cotton picker in East Texas to 1981 when she meets her soulmate Jeffrey Knight.

In the re-telling are many life lessons that change the young Judith Hampton into the woman she will one day be. This includes a UFO encounter at a teenage sleep-over party that started to open her up to other concepts of reality. We also hear about her early relationships and her struggle up the corporate ladder to become a successful businesswoman. It was here that she acquired the nickname of "Zebra" (giving rise to the nickname JZ), due to her ability to make clean-cut, black-and-white decisions. However the stress of the business world lead her into serious health problems. Of great fascination is her miraculous healing when a sudden bolt of light hit her at revival meeting, just prior to Ramtha appearing in her living room in 1977.

Since then and on an ongoing basis for the past 28 years, JZ has allowed her body to be used as a channel for the deep spiritual message of Ramtha. His major emphasis can be summed up in four major principles. They are: we are god, consciousness and energy create the nature of reality, we are here to make known the unknown and lastly we are here to conquer ourselves. Ramtha, like JZ does in this book, uses his lifetime as an example of how to unfold the divinity within. He says:

*"My path in my life upon this plane was to become the Unknown God — which I was to discover was myself — and to go beyond the dimensions to frolic in the adventures of forever. And so I did, and still do. I have returned to tell you that those adventures are awaiting you also, when you have embraced all of this life as I did."*

God may indeed wear lipstick, but it's only a state of mind where the potential of becoming has infinite possibilities. If you want to make the ordinary become extraordinary go to the Kabbalah center and if you want to make the extraordinary into the ordinary visit the Ramtha School of Enlightenment to master your body, mind and soul.

Both women will be appearing this month on my weekly television program, ***New Realities***, seen every Thursday in Manhattan at 7:00pm on MNN (Manhattan Neighborhood Network) Time/Warner Channel 57 or RCN Channel 109. This also can be viewed world-wide on the web at [www.nmm.org](http://www.nmm.org)) These interviews, along with some others I have done will be featured for free on the website [www.emerald-energies.com](http://www.emerald-energies.com)

The Kabbalah center is located in New York at 155 East 48<sup>th</sup> street and has free introductory classes. <http://www.kabbalah.com>

JZ Knight and the Ramtha School are located in Yelm, Washington and will be making a special appearance in New York City December 3<sup>rd</sup> and 4<sup>th</sup> at the Church of St. Paul and St. Andrew, 86<sup>th</sup> street and West End Avenue. For information about this event check [www.ramtha.com](http://www.ramtha.com), under NY events or call 212 616 3075.

Alan Steinfeld is the host of the New Realities. For a list of other guests go to [www.newrealities.tv](http://www.newrealities.tv). He welcomes comments at [newrealities@earthlink.net](mailto:newrealities@earthlink.net)